

Joan C. Webb

Writing, teaching,
and coaching to
empower and
set free.



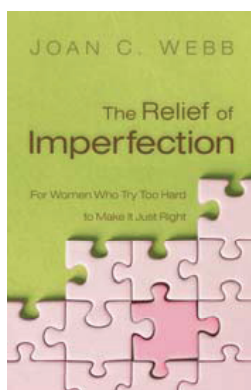
Joan C. Webb, a recovering perfectionist and action-addict, is a burnout survivor who communicates a message of freedom and renewal. As a speaker/teacher, Life Coach and Life Plan facilitator, she helps others move beyond their misbeliefs and become the person God designed them to be. Joan longs to make God's message relevant and has authored thirteen books including ***The Intentional Woman*** (written with Carol Travilla), ***The Relief of Imperfection***, and the coordinating devotional book, ***It's a Wonderful (Imperfect) Life***. Joan also wrote study notes in Zondervan's ***Women of Faith Study Bible***. Her background includes business ownership and management, travel to the Middle East doing relief and development work and twelve years as a pastor's wife. She lives with her husband, Richard, in Chandler, Arizona, near their two married children and seven grandchildren.

Joan's Interactive Presentations

Permission to Exhale

Offering relief for women who try too hard to make it all just right. Based on Joan's book, *The Relief of Imperfection*, your event presentation can be customized on any of the following topics: imperfect relationships, families, emotions, minds, bodies, life work, service, faith.

When we try too hard to make it all just right, eventually we get bone-tired. Here's the relief-producing reality: people, circumstances and things do not have the ability to be flawless, since perfection on this earth is not possible. Only God is perfect! When this truth seeps into our souls, our shoulders relax and we gain permission to breathe more deeply.

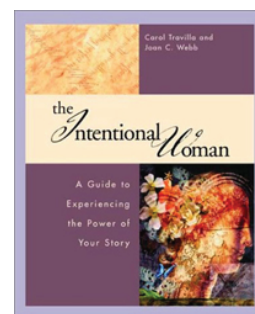


The Intentional Woman

A Guide to Experiencing the Power of Your Story

Based on Joan's and Carol Travilla's book, *The Intentional Woman*, this adaptable presentation introduces women to powerful tools and exercises that assist them in becoming proactive, instead of just letting life happen. Participants gain perspective about:

- Who they are now (roles, behaviors, & life stage)
- Where they have been (experiences & accomplishments)
- How they can experience the power of their unique story, become intentional about personal and spiritual growth, and grow to love God more.



Learn to make empowering choices for your future... change your life for the better! -Carol Kent, Author of *Becoming a Woman of Influence*

Joan is one fabulous speaker. Her authenticity was evident and I was awed by her ability to relate to the women in the room. -Tina H. Saddleback Women's Leadership Team

I'm breathing again... Thank you for giving me permission to not be perfect! -Karen C. audience member at a *Permission to Exhale Retreat*

...vulnerable, fun and right on the mark! -Marnie Swedberg, Author & Mentor to *Busy Women Worldwide*

Interactive presentation topics continued on back...



More of Joan's Interactive Presentations:

The Power of Intentional Leadership

How Your Story Impacts Your Ministry

When the Going Gets Tough, The Tough Get Burned-Out

The Relief of Imperfect Life-Work and Service

Balancing Your Roles

Gaining Focus in an Age of Overchoice

The Invisible Woman Comes Out of Hiding - Flaws and All

The Relief of Imperfect Emotions, Minds and Bodies

Joy! I Don't Have to Fix It All - Including You!

The Relief of Imperfect Relationships and Families

The Sky's Not the Limit

The Curse of Over-Potentialism

Numb & Number - When Trying Too Hard Dulls Your Soul

Imperfectly Creative Times with God

Do You Like Me, Lord?

Being Different is Okay (Discovering Your Pace/Priority)

When Playing God Is No Longer My Best Role

When Helping Becomes Control

When Bigger-Better-More Squeezes Out God

The Relief of Imperfect Churches and Culture



Joan Helps You Discover:

Balance

Relief

Strength

Discipline

Joy

Freedom

Laughter

Vision

Peace

Self-Respect

Rest

Jesus

All presentations can be adapted to a keynote, workshop, sermon or seminar for audiences of both women and men.

In addition to speaking and teaching groups, Joan also offers life coaching and life planning for individuals. Visit her website at joancwebb.com for more information.

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