

## Personal Life Coaching —

*from a distinctly Christian perspective*

Coaching is a designed partnership that helps you live intentionally in all areas of your life. Joan assists you in clarifying goals, passions, and God-given dreams by asking powerful questions that evoke understanding, discovery, commitment, and action. Together you create specific action plans and simple effective structures for implementation and accountability. You experience affirmation and support as you celebrate your growth and accomplishments.

*Whoever catches a glimpse of the revealed counsel of God—the free life!— and sticks with it, is no distracted scatterbrain but a man or woman of action. That person will find delight and affirmation in the action. James 1: 25 MSG*

**Coaching Formula: Consistent Focus + Intentional Action + Balanced Structure = Results**

## Why would you want coaching? What can you expect?

### Why would you want coaching?

You want more than the status quo. You want a sense that you are moving in the right direction, staying congruent with your values, and achieving significant results. You need assurance that your daily choices are helping you become the person God designed you to be. Personal Coaching can help you discover and affirm your genuine desires and provide you with support as you overcome obstacles and learn to live “on-purpose” in each domain of your life.

### What can you expect?

- A partnership that helps you gain clarity on key decisions, set goals, and move beyond obstacles.
- One session at the same time each week, usually taking place on the phone.

**Areas addressed in coaching include spiritual development, career/life work, relationships, fitness & health, personal growth, fun & re-creation, and family.**

## Special emphasis for Entrepreneurs, Writers, Life Coaches, Ministry Leaders



Form a coaching partnership  
with Coach Joan

**Joan C. Webb**, a recovering workaholic /perfectionist, offers an atmosphere of freedom, acceptance and anticipation. As a Life Coach, Life-plan Facilitator, Bible teacher/communicator she purposes to help others become who God gifted them to be. Joan is the author or co-author of twelve books including *The Relief of Imperfection*, *The Intentional Woman*, and a recently released devotional book, *It's a Wonderful (Imperfect) Life*. Her background includes business management/ownership, interior design, international relief/development, and church ministry. She and her husband, Richard, live in Arizona, near their two married children and seven grandchildren.

Join Joan C Webb on Facebook, Twitter and  
on her blog at [www.joanwebb.com](http://www.joanwebb.com)

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## Are You. . .

- ⇒ in transition?
- ⇒ longing for change, but not sure where or how to begin?
- ⇒ looking for greater clarity, focus, and direction?
- ⇒ needing to better manage your time and life?
- ⇒ desiring a career jumpstart?
- ⇒ tired of procrastinating?
- ⇒ wondering what God wants you to do next?

If you answered “yes” to any of these questions, **Personal Life Coaching** may be what you need.

For more information contact Joan at:

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Join Joan C. Webb on Facebook and Twitter  
And *The Intentional Woman* on Facebook

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### What others say about the coaching experience:

“I decided to hire a personal coach, because I felt that I had too many things going on over which I had lost control. Coaching gave me tools and insight to focus and gain better control over my life (family, work, projects, time and relationships. Now I understand that if I don’t organize my life, someone else will do it for me. Joan is skilled at what she does—she always helped me find the best solution.” *Hannah A., business owner, mother/wife in MN*

“Entering a major transition, I became increasingly aware of my need for someone to journey with me into uncharted territory. I felt overwhelmed. Partnering with Joan helped me regain a sense of worth and balance. Unexpected joy and freedom followed as I learned to embrace the shift from married to single stay-at-home mom to college student and employee. Through coaching, I found I could enjoy this leg of the journey and not merely endure. Coaching helped me to see my world as a place of open-door possibilities.” *Debbie Yamane, Phoenix, Arizona*

“For the past five years, I had been stuck about whether to stay or leave the job I’d had for 20 years. Indecision caused me to slump spiritually, emotionally, physically & mentally. Joan asked me insightful questions and helped me see that I was disconnected from some aspects of myself. I benefited from her affirmations and the accountability. I am now on a new adventure—I left my job and am going to real estate school. I face each day with anticipation! Something I haven’t done in a long time.” *Mary Alice C., business woman, mother, grandmother*

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*Joan C. Webb*  
*Life Coach/Author/Communicator*

**You design your life with each choice you make.  
Small choices make a BIG difference.**